True Peace

As Leo Tolstoy once said,
"Everybody wants to change the world but nobody wants to change himself."

How can we attain true peace if we can't be at peace with ourselves first?
Real peace should start within you, should awaken your deepest core
Which can create a ripple in the Universe to be an instrument of unity and harmony
To end all division, to overcome discrimination, to help heal an ailing world
True peace might be elusive but it's not a far-fetched dream at all
For the very thing that separates us all is Ego
And once we let go of our pride to make amends with one another
Peace would not be far behind to happen, my friend
All of these wars are just facades for us to make a realization
That peace is at hand after we let go of bitterness, anger, greed, and pride.
Don't think you can't make a stand for peace
For even a tiny pebble on the shoreline makes a huge difference
Heed the call for Peace and start embracing your authentic self to be whole again
To be an advocate of a world in peace.

– Elizabeth Esguerra Castillo*

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